

## Save the Date!

## Eating in the Early Years E-Vent

Monday, September 14 – Thursday, September 17

Experts agree that good nutrition supports a child's ability to grow and meet developmental milestones, both physically and cognitively. But until recently, nutrition recommendations for children under 2 years of age were excluded from national dietary guidance. For the first time, the 2020 Dietary Guidelines for Americans (DGA) will offer authoritative nutrition guidance for this important population.

Please join us as researchers and health professionals gather for an immersive virtual experience to review and discuss the current state of the science surrounding nutrition recommendations for birth to 24 months, unpack what and how we feed infants and toddlers, and determine ways to inspire behavior change to improve nutrition outcomes in the early years.





## Featuring

- FREE educational sessions\* on topics from authoritative guidance, to the science behind ideal first foods and driving evidence-based action
- Approximately 2 hours of virtual, live and interactive programming each day
- Access to leading child nutrition experts through fireside chats, including Bob Murray, MD; Keli Hawthorne, MS, RDN; and Jill Castle, MS, RDN, CDN
- \* All sessions will be available live and on-demand and will be submitted for continuing education credit by the Commission on Dietetic Registration.

