



MEMBER SPOTLIGHT JANUARY 2020

WHY DID YOU CHOOSE FAMILY MEDICINE?

I was given the opportunity through OAFP to attend the AAFP National Conference for Residents and Medical Students the summer prior to my 4th year in medical school (2014). Between that experience and my rural family medicine rotation in Grove, OK I was able to see the true breadth and depth of Family Medicine and the options for caring for people truly from conception to grave.

MOST FULFILLING MOMENT OF YOUR CAREER OR EDUCATION:

All of the conferences I have attended through OAFP/AAFP help to re-ground me and re-inspire me to go back to work in an often difficult system to ultimately provide the best care I can for patients. An aspect that is new to my practice, but has been really fulfilling is taking the course to obtain my license to provide medication assisted therapy for opiate dependent patients with medications like buprenorphine-naloxone. You are able to quickly see a major turn-around for patients utilizing this therapy and they are so grateful to have access to this treatment. As the AAFP has, I would encourage family medicine physicians to look into this treatment, even if doing it in small numbers, because it can be a bright spot in some hard days.

Calin Watt Kirk, MD

OAFP MEMBER - 6 YEARS

Joined the OAFP as a 3rd year medical student in 2014

WHERE DO YOU PRACTICE

Cherokee Nation - Sam Hider Health Center in Jay, OK

FAVORITE QUOTE

"Well behaved women seldom make history."

WORDS OF WISDOM

ADVICE YOU WOULD GIVE TO A RESIDENT OR STUDENT?

Persevere and find a mentor or mentors that you can go to when things get hard to help remind you what your ultimate goal is, even if it is just through showing it in their own work. Take time off when you need it.

NOMINATE SOMEONE FOR A FUTURE MEMBER SPOTLIGHT BY EMAILING WEBBER@OKAFP.ORG

More About Calin

BIGGEST ROLE MODEL:

My biggest role model was my Nanna, Gladys. She was a school teacher (like most of my family members), but started on that path later in life. She instilled in me a great work ethic and her and my grandfather always made me feel like I could achieve anything. Although they grew up in a much different time, they still always made me feel like girls were just as smart and capable as anyone else and could achieve their dreams regardless of what they were. She also was a lifelong learner, and I aspire to be one too.

WHEN YOU'RE NOT WORKING:

I like to spend time at all ages sporting events (my 4 year old is already enjoying playing a couple of different sports), spend time with family, be at the lake, and work on projects around the house.

